



Run in a New Direction

SUNDAY MORNING, OCTOBER 3, 2010

7:30 REGISTRATION 9:00 START 10:00 KIDS RACE
3.1 MILE USATF CERTIFIED PAVED COURSE THROUGH THE PICTURESQUE, WOODED GROUNDS OF
SPRING GROVE CEMETERY, 4521 Spring Grove Ave., Cincinnati.

Proceeds to benefit recreation opportunities for kids served by Camelot

Awards: Overall men and women run and walk winners; Top 2 in each age category.

Men & women runners: 14/ under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.
Men & women walkers: 29 & under, 30-39, 40-49, 50-59, 60/over.

Official Pre-Registration Form

Please complete and return with check made out to Camelot Community Care for \$20.00 by Saturday, September 25, 2010. Mail to *Run in a New Direction 5K Race*, c/o Steve Prescott, PO Box 454, Mason OH 45040. Online registration is available at www.sprunning.com until Thursday September 30, 2010

First Name: _____ Last Name: _____

Street _____ City _____ State ____ Zip _____

Phone _____ Email Address _____

Sex (circle one): Male Female Age (on race day) ____

Division: (circle one) 5K Run 5K Walk Select shirt size* (circle one): S M L XL

*Short sleeve shirt paid for with pre-registration fee and while supplies last on race day

_____ I am unable to attend the Run In a New Direction 5K but want to donate \$_____ for recreation opportunities for Camelot kids (mail form and donation to address listed above,

In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors, and assigns, all claims of any nature arising from my participation in the *Run in a New Direction 5K*, and do hereby release Spring Grove Cemetery, Camelot Community Care, Steve Prescott, all sponsors, workers, officials, and volunteers from any claim whatsoever arising from my participation, and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run, and have trained adequately in preparation.

I HAVE NOTED ANY MEDICAL CONDITIONS BELOW.

Noted Conditions: _____

X

Signature: (Guardian for under 18) _____

_____ Date

Online registration for the event and results after the event are available at www.sprunning.com.
Race day registration is available for \$25. Email steve@sprunning.com for more info.